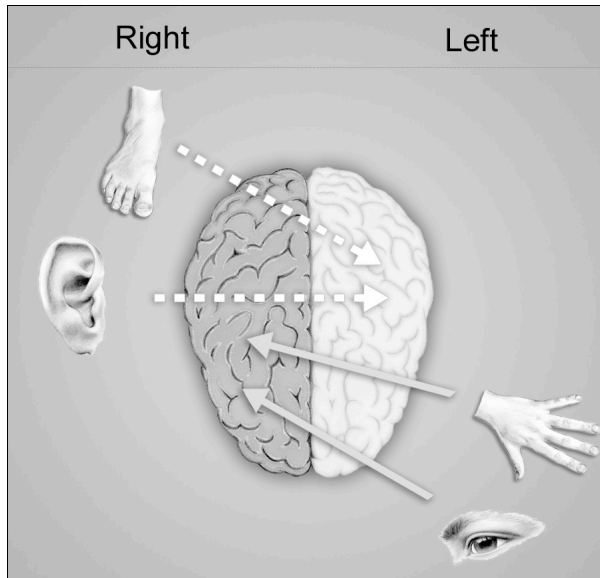




Achievement In Mind: Individual Learning Profiles: Report

Name: **Example Student**
Assessor: **Simon Olding**

Date: **9 December, 2008**
Code: **ILP 30**



Lead Hemisphere	Holistic - Right Brain
Natural Strengths	Visual, Non-verbal communication
Inhibited Under Stress	Auditory, Movement

Techniques to support learning

- You will learn best with a 'hands-on' teaching approach. When learning new skills in a classroom write things down, draw or doodle.
- Stop and think before you speak. You are very good at communicating thoughts and feelings, and use expressive language and gestures to tell your stories. However, you need to stop and centre yourself in order to be able to convey the details.
- Bring yourself to a positive and relaxed state when listening. You will find listening a challenge especially when stressed. You favour listening to the details and communicating ideas in a logical way. But you first have to understand the intention, purpose and bigger picture to do this.
- You will find yourself wanting to make plans and also just to follow your instinct. When stressed, planning will be difficult. Do your best to use both your intuition and your need for structure to plan your activities.

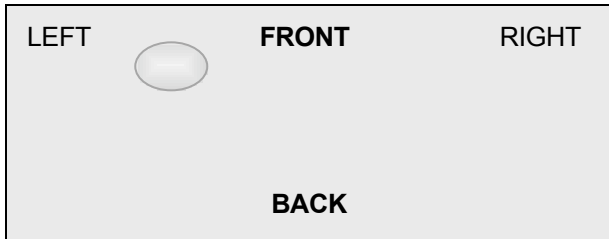
The potential impact of stress on your profile

You may find yourself writing some letters and numbers back-to-front. As the left eye naturally scans from right to left, and English is written left to right, the brain can get muddled, especially when tired.

You may have difficulty with penmanship, and other hand-eye activities, because you will need a lot of energy to co-ordinate your eye and hand together.

Listening to instructions, is difficult, as the ears 'switch off' especially under pressure. Your memory may also not be as good as you feel it should be.

When under stress, both physical movements, and your ability to move forward with your plans, are limited. You may over focus on small points and become frustrated, or find that your normally adept physical performance lets you down.



A naturally enabling seating position

In the classroom they will benefit from sitting close to the front on the left hand side

Presentation and teaching strategies to stimulate and engage this learner

- Give this pupil clear and succinct instructions. They will probably experience difficulties in listening to and following instruction. They may easily get overwhelmed and not know where to start and how to move forward.
- This learner thrives when allowed to explore their way to a final conclusion, rather than following step-by-step instructions.
- Their learning preference is generally kinaesthetic. They will need to move (especially the hands) to process new learning. Allow them to write and doodle while listening – it will keep them attentive even though they may appear inattentive.
- Presenting information in a visual framework is highly beneficial. Present information in diagrams, illustrations and flow charts. Opportunities for interacting with objects being discussed – e.g. maps, historical documents and objects, 3 dimensional shapes in maths etc. will enable them to understand the factual content.
- When teaching movement activities or sports be aware of their potential difficulty or over compensatory strategies to achieve in this area.

Strategies and activities to train for whole brain thinking

- Write notes and checklists.
- Keep notes and plans. Make check lists. You will really benefit from overviews of the lesson, day, week, month, year etc.
- Reading out loud, toning the vowels. Active listening to stories and poems, playing music with beats and rhythms.
- Jigsaws, problem solving games, and other activities that require systematic thinking and application of skill.
- Free form movement experiences combining with artistic and well paced choreographed movements.
- Hand-eye co-ordination games and activities.

Exercises to reduce the impact of stress and increase whole brain processing

	<p>Opposites - Standing up, slowly lift the left knee up and touch with the opposite hand. Lower and repeat with the other side. Keep the back straight and swing the arms from the shoulders. Carry on for approximately 1 minute.</p>
	<p>Flexible Listener - Squeeze a tight spot on your shoulder/neck area and turn your chin to look over the hand. Breathe out while slowly turning the head so you look over the other shoulder. Repeat 3 times both sides</p>
	<p>Smart Ears - Put the fingers behind the ears. Drag the thumbs to pull and stretch the ears from the middle over the top. Move around the ear pulling from the middle each time. Repeat 3 times</p>